

# GRAND COUNTY HIGH SCHOOL

Home of the Red Devils • 608 South 400 East, Moab, Utah 84532  
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February 14, 2019


Dear Parents/Guardians of Grand County High School Students,

The purpose of this correspondence is to get feedback from you regarding the potential to move the start time of the high school day from the 7:45 current start time to an 8:30 or 8:45 start time. Current research is beginning to show that a later start time, specifically for high school age adolescents, can have a positive impact on school performance. A recent study in Seattle confirmed this in a local area high school. See the study in this link: <http://advances.sciencemag.org/content/4/12/eaau6200.abstract>. However, there are several mitigating factors that would need to be addressed prior to making a decision to move to a later start time. Factors to consider include but are not limited to:

1. Bussing times to and from school for all district schools
2. Impact to extra-curricular activities and sports practices
3. Impact to game times
4. Impact to child care – (siblings that take care of younger siblings, etc.)
5. Parent/Guardian work schedules

At this time, I am asking for feedback from parents/guardians regarding the potential to move to a later start time at the high school. Please e-mail me your thoughts and/or concerns or share on our district Facebook pages. We are only in the beginning information collection phase at this time. My e-mail is: [hrens@grandschools.org](mailto:hrens@grandschools.org).

Thank you for your input,

  
Dr. Stephen Hren  
Principal, GCHS

Dr. Stephen Hren  
Principal

Dr. Mary Marable  
Assistant Principal

Mr. Ron Dolphin, CAA  
Activities Director

Mr. James Stocks, Ed.S.  
CTE Director

To educate all students in a safe, supportive, challenging environment where they can learn to be responsible citizens and lifelong learners