

Grand School District

7-8 GRADES BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 2 HOLIDAY	Sep - 3 FRENCH TOAST STK CEREAL/TOAST APPLES SLICES JUICE VARIETY HS SAUSAGE SYRUP JELLY 1% MILK MILK,Skim	Sep - 4 BREAKFAST CAKE CEREAL/TOAST GRAPES,Fresh BLUEBERRIES JUICE VARIETY HS SAUSAGE JELLY 1% MILK MILK,Skim	Sep - 5 BISCUIT N GRAVY CEREAL/TOAST MANDARIN ORANGE JUICE VARIETY HS YOGURT CUP JELLY HASH BROWNS 1% MILK CHOCOLATE MILK	Sep - 6 PANCAKE W.G. CEREAL/TOAST ORANGES SAUSAGE JUICE VARIETY HS JELLY SYRUP 1% MILK MILK,Skim
Sep - 9 BRKFST HAM & CHE CEREAL/TOAST STRAWBERRY CUPS JUICE VARIETY HS JELLY YOGURT FRUIT CUP BREAKFST ROUND 1% MILK CHOCOLATE MILK	Sep - 10 FRENCH TOAST STK CEREAL/TOAST APPLES SLICES BLUEBERRIES JUICE VARIETY HS SAUSAGE SYRUP JELLY 1% MILK MILK,Skim	Sep - 11 OMELET CHEESE, S CEREAL/TOAST HASHBROWNS MANDARIN ORANGE JUICE VARIETY HS JELLY 1% MILK CHOCOLATE MILK	Sep - 12 BREAKFAST BURRIT CEREAL/TOAST BANANA BLUEBERRIES JUICE VARIETY HS JELLY HASH BROWNS 1% MILK CHOCOLATE MILK	Sep - 13 WAFFLE, AUNT JEMI CEREAL/TOAST APPLESAUCE W CIN JUICE VARIETY HS SYRUP SAUSAGE JELLY 1% MILK MILK,Skim
Sep - 16 SAUSAGE & EGG SA CEREAL/TOAST ORANGES JUICE VARIETY HS YOGURT FRUIT CUP JELLY CHOC. CHIP MUFFIN 1% MILK CHOCOLATE MILK	Sep - 17 FRENCH TOAST STK CEREAL/TOAST APPLES SLICES JUICE VARIETY HS SAUSAGE SYRUP JELLY 1% MILK MILK,Skim	Sep - 18 BREAKFAST CAKE CEREAL/TOAST GRAPES,Fresh BLUEBERRIES JUICE VARIETY HS SAUSAGE JELLY 1% MILK MILK,Skim	Sep - 19 BISCUIT N GRAVY CEREAL/TOAST MANDARIN ORANGE JUICE VARIETY HS YOGURT CUP JELLY HASH BROWNS 1% MILK CHOCOLATE MILK	Sep - 20 PANCAKE W.G. CEREAL/TOAST ORANGES SAUSAGE JUICE VARIETY HS JELLY SYRUP 1% MILK MILK,Skim
Sep - 23 BRKFST HAM & CHE CEREAL/TOAST STRAWBERRY CUPS JUICE VARIETY HS JELLY YOGURT FRUIT CUP BREAKFST ROUND 1% MILK CHOCOLATE MILK	Sep - 24 FRENCH TOAST STK CEREAL/TOAST APPLES SLICES BLUEBERRIES JUICE VARIETY HS SAUSAGE SYRUP JELLY 1% MILK MILK,Skim	Sep - 25 OMELET CHEESE, S CEREAL/TOAST HASHBROWNS MANDARIN ORANGE JUICE VARIETY HS JELLY 1% MILK CHOCOLATE MILK	Sep - 26 WAFFLE, AUNT JEMI CEREAL/TOAST APPLESAUCE W CIN JUICE VARIETY HS SYRUP SAUSAGE JELLY 1% MILK MILK,Skim	Sep - 27 NO SCHOOL TODAY
Sep - 30 SAUSAGE & EGG SA CEREAL/TOAST ORANGES JUICE VARIETY HS YOGURT FRUIT CUP JELLY CHOC. CHIP MUFFIN 1% MILK CHOCOLATE MILK				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.