

# Grand School District

## 7-8 GRADES BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1  BREAKFAST PIZZA CEREAL/TOAST YOGURT FRUIT CUP PINEAPPLE, FRESH JUICE VARIETY HS 1% MILK MILK,Skim	Nov - 2  PANCAKE W.G. CEREAL/TOAST ORANGE JUICE VARIETY HS SYRUP SAUSAGE 1% MILK MILK,Skim
Nov - 5  SAUSAGE & EGG SA CEREAL/TOAST ORANGES JUICE VARIETY HS YOGURT FRUIT CUP JELLY 1% MILK CHOCOLATE MILK	Nov - 6  FRENCH TOAST STK CEREAL/TOAST APPLES SLICES JUICE VARIETY HS SAUSAGE SYRUP JELLY 1% MILK MILK,Skim	Nov - 7  BREAKFAST CAKE CEREAL/TOAST GRAPES,Fresh JUICE VARIETY HS SAUSAGE JELLY 1% MILK MILK,Skim	Nov - 8  BISCUIT N GRAVY CEREAL/TOAST MANDARIN ORANGE JUICE VARIETY HS YOGURT JELLY HASH BROWNS 1% MILK CHOCOLATE MILK	Nov - 9  WAFFLE, AUNT JEMI CEREAL/TOAST APPLESAUCE W CIN JUICE VARIETY HS SYRUP SAUSAGE JELLY 1% MILK MILK,Skim
Nov - 12  NO SCHOOL TODAY	Nov - 13  FRENCH TOAST STK CEREAL/TOAST APPLES SLICES JUICE VARIETY HS SAUSAGE SYRUP JELLY 1% MILK MILK,Skim	Nov - 14  OMELET CHEESE, S CEREAL/TOAST HASHBROWNS MANDARIN ORANGE JUICE VARIETY HS JELLY 1% MILK CHOCOLATE MILK	Nov - 15  BREAKFAST BURRIT CEREAL/TOAST BANANA JUICE VARIETY HS JELLY HASH BROWNS 1% MILK CHOCOLATE MILK	Nov - 16  PANCAKE W.G. CEREAL/TOAST ORANGE SAUSAGE JUICE VARIETY HS JELLY SYRUP 1% MILK MILK,Skim
Nov - 19  HOLIDAY	Nov - 20  HOLIDAY	Nov - 21  HOLIDAY	Nov - 22  HOLIDAY	Nov - 23  HOLIDAY
Nov - 26  SAUSAGE & EGG SA CEREAL/TOAST ORANGES JUICE VARIETY HS YOGURT FRUIT CUP JELLY 1% MILK CHOCOLATE MILK	Nov - 27  FRENCH TOAST STK CEREAL/TOAST APPLES SLICES JUICE VARIETY HS SAUSAGE SYRUP JELLY 1% MILK MILK,Skim	Nov - 28  BREAKFAST CAKE CEREAL/TOAST GRAPES,Fresh JUICE VARIETY HS SAUSAGE JELLY 1% MILK MILK,Skim	Nov - 29  BISCUIT N GRAVY CEREAL/TOAST MANDARIN ORANGE JUICE VARIETY HS YOGURT JELLY HASH BROWNS 1% MILK CHOCOLATE MILK	Nov - 30  CINNAMON ROLLS W CEREAL/TOAST APPLESAUCE W CIN JUICE VARIETY HS SYRUP SAUSAGE JELLY 1% MILK MILK,Skim

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**