

Grand School District

7-8 GRADES BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 3 BRKFST HAM & CHE CEREAL/TOAST STRAWBERRY CUPS JUICE VARIETY HS JELLY YOGURT FRUIT CUP BLBRY MUFFIN W.G. 1% MILK CHOCOLATE MILK	Dec - 4 FRENCH TOAST STK CEREAL/TOAST APPLES SLICES JUICE VARIETY HS SAUSAGE SYRUP JELLY 1% MILK MILK,Skim	Dec - 5 OMELET CHEESE, S CEREAL/TOAST HASHBROWNS MANDARIN ORANGE JUICE VARIETY HS JELLY 1% MILK CHOCOLATE MILK	Dec - 6 BREAKFAST BURRIT CEREAL/TOAST ORANGES JUICE VARIETY HS JELLY HASH BROWNS 1% MILK CHOCOLATE MILK	Dec - 7 PANCAKE W.G. CEREAL/TOAST PEACH CUP* SAUSAGE JUICE VARIETY HS JELLY SYRUP 1% MILK MILK,Skim
Dec - 10 SAUSAGE & EGG SA CEREAL/TOAST ORANGES JUICE VARIETY HS YOGURT FRUIT CUP JELLY BLBRY MUFFIN W.G. 1% MILK CHOCOLATE MILK	Dec - 11 FRENCH TOAST STK CEREAL/TOAST APPLES SLICES JUICE VARIETY HS SAUSAGE SYRUP JELLY 1% MILK MILK,Skim	Dec - 12 BREAKFAST CAKE CEREAL/TOAST GRAPES,Fresh JUICE VARIETY HS SAUSAGE JELLY 1% MILK MILK,Skim	Dec - 13 BISCUIT N GRAVY CEREAL/TOAST MANDARIN ORANGE JUICE VARIETY HS YOGURT JELLY HASH BROWNS 1% MILK CHOCOLATE MILK	Dec - 14 WAFFLE, AUNT JEMI CEREAL/TOAST APPLESAUCE W CIN JUICE VARIETY HS SYRUP SAUSAGE JELLY 1% MILK MILK,Skim
Dec - 17 BRKFST HAM & CHE CEREAL/TOAST STRAWBERRY CUPS JUICE VARIETY HS JELLY YOGURT FRUIT CUP BLBRY MUFFIN W.G. 1% MILK CHOCOLATE MILK	Dec - 18 FRENCH TOAST STK CEREAL/TOAST APPLES SLICES JUICE VARIETY HS SAUSAGE SYRUP JELLY 1% MILK MILK,Skim	Dec - 19 OMELET CHEESE, S CEREAL/TOAST HASHBROWNS MANDARIN ORANGE JUICE VARIETY HS JELLY 1% MILK CHOCOLATE MILK	Dec - 20 BREAKFAST BURRIT CEREAL/TOAST ORANGES JUICE VARIETY HS JELLY HASH BROWNS 1% MILK CHOCOLATE MILK	Dec - 21 CINNAMON ROLLS W CEREAL/TOAST APPLESAUCE W CIN JUICE VARIETY HS SAUSAGE JELLY 1% MILK MILK,Skim
Dec - 24 HOLIDAY	Dec - 25 HOLIDAY	Dec - 26 HOLIDAY	Dec - 27 HOLIDAY	Dec - 28 HOLIDAY
Dec - 31				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.