

# Grand School District

## HMK BREAKFAST

Aug 28, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 2  HOLIDAY	Sep - 3  FRENCH TOAST STK CEREAL VARIETY APPLES SLICES SAUSAGE k-1 JUICE VARIETY HMK SYRUP PEANUT BUTTER IN 1% MILK MILK,Skim	Sep - 4  EGG, HAM & CHEESE CEREAL VARIETY MANDARIN ORANGE JUICE VARIETY HMK STRING CHEESE V KETCHUP 1% MILK CHOCOLATE MILK	Sep - 5  BREAKFAST CAKE CEREAL VARIETY BANANA JUICE VARIETY HMK YOGURT, TRIX 1% MILK MILK,Skim	Sep - 6  PANCAKE W.G. CEREAL VARIETY APPLESAUCE CUPS, JUICE VARIETY HMK SAUSAGE k-1 SYRUP 1% MILK MILK,Skim
Sep - 9  FRENCH TOAST STK CEREAL VARIETY APPLES SLICES SAUSAGE k-1 JUICE VARIETY HMK SYRUP PEANUT BUTTER IN 1% MILK MILK,Skim	Sep - 10  CHOC. CHIP MUFFIN CEREAL VARIETY YOGURT CUP JUICE VARIETY HMK BLUEBERRIES 1% MILK CHOCOLATE MILK	Sep - 11  BISCUITS & GRAVY CEREAL VARIETY STRAWBERRIES JUICE VARIETY HMK STRING CHEESE V KETCHUP 1% MILK CHOCOLATE MILK	Sep - 12  BREAKFAST BURRIT CEREAL VARIETY BANANA JUICE VARIETY HMK 1% MILK CHOCOLATE MILK	Sep - 13  WAFFLE, AUNT JEMI CEREAL VARIETY ORANGES JUICE VARIETY HMK SAUSAGE k-1 SYRUP 1% MILK MILK,Skim
Sep - 16  FRENCH TOAST STK CEREAL VARIETY APPLES SLICES SAUSAGE k-1 JUICE VARIETY HMK SYRUP PEANUT BUTTER IN 1% MILK MILK,Skim	Sep - 17  BRKFST SAUS SAND CEREAL VARIETY CANTALOUPE JUICE VARIETY HMK 1% MILK MILK,Skim	Sep - 18  EGG, HAM & CHEESE CEREAL VARIETY MANDARIN ORANGE JUICE VARIETY HMK STRING CHEESE V KETCHUP 1% MILK CHOCOLATE MILK	Sep - 19  BREAKFAST CAKE CEREAL VARIETY ORANGE JUICE VARIETY HMK YOGURT, TRIX 1% MILK MILK,Skim	Sep - 20  PANCAKE W.G. CEREAL VARIETY APPLESAUCE CUPS, JUICE VARIETY HMK SAUSAGE k-1 SYRUP 1% MILK MILK,Skim
Sep - 23  FRENCH TOAST STK CEREAL VARIETY APPLES SLICES SAUSAGE k-1 JUICE VARIETY HMK SYRUP PEANUT BUTTER IN 1% MILK MILK,Skim	Sep - 24  CHOC. CHIP MUFFIN CEREAL VARIETY YOGURT CUP JUICE VARIETY HMK BLUEBERRIES 1% MILK CHOCOLATE MILK	Sep - 25  WAFFLE, AUNT JEMI CEREAL VARIETY ORANGES JUICE VARIETY HMK SAUSAGE k-1 SYRUP 1% MILK MILK,Skim	Sep - 26  NO SCHOOL TODAY	Sep - 27  NO SCHOOL TODAY
Sep - 30  DONUT CEREAL VARIETY WATERMELON JUICE VARIETY HMK 1% MILK MILK,Skim				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.