

Grand School District

HMK LUNCH K-6

Sep 25, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>Oct - 1</p> <p>SLOPPY JOES POTATO WEDGES S CUCUMBER, TOMAT PEAR PLUMS,FRESH STRING CHEESE V KETCHUP CHOCOLATE MILK 1% MILK</p>	<p>Oct - 2</p> <p>SMOTHERED NACHO REFRIED BEANS CARROTS, CELERY, GRAPES,Fresh SALSA LITE RANCH DRESSI CHOCOLATE MILK 1% MILK</p>	<p>Oct - 3</p> <p>PIZZA PEPPERONI PIZZA CHEESE PIZZA,HAWAIIAN PIZZA CHEESE PIZZA PEPPERONI PIZZA, HAWAIIAN PIZZA PEPPERONI PIZZA CHEESE V PIZZA,HAWAIIAN PIZZA SUPREME HS FRESH TOSS SALAD BANANA LITE RANCH DRESSI STRING CHEESE V CHOCOLATE MILK 1% MILK</p>	<p>Oct - 4</p> <p>QUESADILLA, CHICK QUESADILLAS V TORTILLA CHIPS G.F REFRIED BEANS RED PEPPERS CANTALOUPE SALSA CHOCOLATE MILK 1% MILK</p>	<p>Oct - 5</p> <p>CORN DOG TATOR TOTS CARROTS, CELERY, APPLES SLICES KETCHUP MUSTARD CHOCOLATE MILK 1% MILK</p>
<p>Oct - 8</p> <p>CHICKEN NUGGET CHICKEN NUGGET CREAMY MAC & CHEESE BAKED BEANS CUCUMBER, TOMAT GRAPES,Fresh CHOCOLATE MILK 1% MILK KETCHUP</p>	<p>Oct - 9</p> <p>TERIYAKI CHICKEN TERIYAKI CHICKEN 2 CARROTS SPANISH RICE EGG ROLL MANDARIN ORANGE SWEET N SOUR CUP CHOCOLATE MILK 1% MILK</p>	<p>Oct - 10</p> <p>SAVORY ALFREDO CHICKEN & PASTA STEAMED BROCCOL FRESH TOSS SALAD BANANA HOMEMADE ROLLS RANCH DRESSING CHOCOLATE MILK 1% MILK</p>	<p>Oct - 11</p> <p>TURKEY & GRAVY MASHED POTATOES CARROTS* HOMEMADE ROLLS WATERMELON STRING CHEESE V CHOCOLATE MILK 1% MILK</p>	<p>Oct - 12</p> <p>RAVIOLI, CHEESE STEAMED GREEN BE MIXED FRUIT HOMEMADE ROLLS PARMESAN PC CHOCOLATE MILK 1% MILK</p>
<p>Oct - 15</p> <p>CHICKEN SANDWICH CRISPY TATOR TOT LETTUCE/TOMATO*^ PEACH CUP* KETCHUP MAYONNAISE CHOCOLATE MILK 1% MILK</p>	<p>Oct - 16</p> <p>TACO SALAD REFRIED BEANS CANTALOUPE PEACH CRISP CHOCOLATE MILK 1% MILK</p>	<p>Oct - 17</p> <p>TURKEY HOGI CARROTS/ CELERY LITE RANCH DRESSI PLUMS,FRESH GRAHAM CRACKER MAYONNAISE MUSTARD CHOCOLATE MILK 1% MILK</p>	<p>Oct - 18</p> <p>NO SCHOOL TODAY</p>	<p>Oct - 19</p> <p>NO SCHOOL TODAY</p>
<p>Oct - 22</p> <p>TSTD CHEESE SAND TUNA SANDWICH TOMATO SOUP CRACKERS VEG CELERY & CUC APPLES SLICES CHOCOLATE MILK 1% MILK</p>	<p>Oct - 23</p> <p>BURRITO MEAT & BE SPANISH RICE CUCUMBER, TOMAT APPLES SLICES SALSA CHOCOLATE MILK 1% MILK</p>	<p>Oct - 24</p> <p>PIZZA PEPPERONI PIZZA CHEESE PIZZA,HAWAIIAN PIZZA CHEESE PIZZA PEPPERONI PIZZA, HAWAIIAN PIZZA PEPPERONI PIZZA CHEESE V PIZZA,HAWAIIAN PIZZA SUPREME HS FRESH TOSS SALAD BANANA LITE RANCH DRESSI YOGURT CHOCOLATE MILK 1% MILK</p>	<p>Oct - 25</p> <p>HEARTY CHICKEN N SOUP CANTALOUPE STRING CHEESE V CARROTS, CELERY, HOMEMADE ROLLS MARGARINE^ LITE RANCH DRESSI CHOCOLATE MILK 1% MILK</p>	<p>Oct - 26</p> <p>HOT DOG PB & HNY SAND.V FRENCH FRIES BAKED BEANS PEAR CHOCOLATE MILK 1% MILK KETCHUP</p>

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 29 HOT HAM & CHEESE SUN CHIPS VARIETY CARROTS, CELERY, LITE RANCH DRESSI PEACHES CHOCOLATE MILK 1% MILK	Oct - 30 TACO SOUP CHEESE, CHEDDAR CUKE, TOMATO, CAR GLAZED CINNAMON GRAPES, Fresh CHOCOLATE MILK 1% MILK	Oct - 31 FRENCH TOAST STK FRENCH TOAST STK SAUSAGE k-1 TATOR TOTS STRING CHEESE V APPLESAUCE CUPS, CHOCOLATE MILK 1% MILK		

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