

Grand School District

HMK BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1 CINNAMON BREAD CEREAL VARIETY BANANA JUICE VARIETY HMK 1% MILK MILK,Skim	Nov - 2 WAFFLE, AUNT JEMI CEREAL VARIETY ORANGES JUICE VARIETY HMK SAUSAGE k-1 SYRUP 1% MILK MILK,Skim
Nov - 5 FRENCH TOAST STK CEREAL VARIETY APPLES SLICES SAUSAGE k-1 JUICE VARIETY HMK SYRUP PEANUT BUTTER 1% MILK MILK,Skim	Nov - 6 MUFFIN CEREAL VARIETY YOGURT, TRIX JUICE VARIETY HMK ORANGE 1% MILK CHOCOLATE MILK	Nov - 7 EGG, HAM & CHEESE CEREAL VARIETY MANDARIN ORANGE JUICE VARIETY HMK HASH BROWNS KETCHUP 1% MILK CHOCOLATE MILK	Nov - 8 BREAKFAST BURRIT CEREAL VARIETY PINEAPPLE, FRESH JUICE VARIETY HMK 1% MILK CHOCOLATE MILK	Nov - 9 PANCAKE W.G. CEREAL VARIETY APPLESAUCE CUPS, JUICE VARIETY HMK 1% MILK MILK,Skim
Nov - 12 NO SCHOOL TODAY	Nov - 13 FRENCH TOAST STK CEREAL VARIETY APPLES SLICES SAUSAGE k-1 JUICE VARIETY HMK SYRUP PEANUT BUTTER 1% MILK MILK,Skim	Nov - 14 BISCUITS & GRAVY CEREAL VARIETY STRAWBERRIES JUICE VARIETY HMK HASH BROWNS KETCHUP 1% MILK CHOCOLATE MILK	Nov - 15 BREAKFAST PIZZA CEREAL VARIETY GRAPES,Fresh JUICE VARIETY HMK SAUSAGE k-1 1% MILK MILK,Skim	Nov - 16 WAFFLE, AUNT JEMI CEREAL VARIETY ORANGES JUICE VARIETY HMK SAUSAGE k-1 SYRUP 1% MILK MILK,Skim
Nov - 19 HOLIDAY	Nov - 20 HOLIDAY	Nov - 21 HOLIDAY	Nov - 22 HOLIDAY	Nov - 23 HOLIDAY
Nov - 26 FRENCH TOAST STK CEREAL VARIETY APPLES SLICES SAUSAGE k-1 JUICE VARIETY HMK SYRUP PEANUT BUTTER 1% MILK MILK,Skim	Nov - 27 MUFFIN CEREAL VARIETY YOGURT, TRIX JUICE VARIETY HMK ORANGE 1% MILK CHOCOLATE MILK	Nov - 28 EGG, HAM & CHEESE CEREAL VARIETY MANDARIN ORANGE JUICE VARIETY HMK HASH BROWNS KETCHUP 1% MILK CHOCOLATE MILK	Nov - 29 BREAKFAST BURRIT CEREAL VARIETY PINEAPPLE, FRESH JUICE VARIETY HMK 1% MILK CHOCOLATE MILK	Nov - 30 PANCAKE W.G. CEREAL VARIETY APPLESAUCE CUPS, JUICE VARIETY HMK 1% MILK MILK,Skim

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.