

Grand School District

HMK BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
	Jan - 1 HOLIDAY	Jan - 2 HOLIDAY	Jan - 3 HOLIDAY	Jan - 4 HOLIDAY
Jan - 7 FRENCH TOAST STK CEREAL VARIETY APPLES SLICES SAUSAGE k-1 JUICE VARIETY HMK SYRUP 1% MILK MILK,Skim	Jan - 8 MUFFIN CEREAL VARIETY YOGURT, TRIX JUICE VARIETY HMK ORANGE 1% MILK CHOCOLATE MILK	Jan - 9 BISCUITS & GRAVY CEREAL VARIETY STRAWBERRY CUPS JUICE VARIETY HMK HASH BROWNS KETCHUP 1% MILK CHOCOLATE MILK	Jan - 10 BREAKFAST BURRIT CEREAL VARIETY PEACH CUP* JUICE VARIETY HMK 1% MILK CHOCOLATE MILK	Jan - 11 PANCAKE W.G. CEREAL VARIETY APPLESAUCE CUPS, JUICE VARIETY HMK SAUSAGE k-1 SYRUP 1% MILK MILK,Skim
Jan - 14 FRENCH TOAST STK CEREAL VARIETY APPLES SLICES SAUSAGE k-1 JUICE VARIETY HMK SYRUP 1% MILK MILK,Skim	Jan - 15 BREAKFAST BAKE CEREAL VARIETY MANDARIN ORANGE YOGURT, TRIX JUICE VARIETY HMK 1% MILK CHOCOLATE MILK	Jan - 16 EGG, HAM & CHEESE CEREAL VARIETY MANDARIN ORANGE JUICE VARIETY HMK HASH BROWNS KETCHUP 1% MILK CHOCOLATE MILK	Jan - 17 BREAKFAST CAKE CEREAL VARIETY GRAPES,Fresh JUICE VARIETY HMK SAUSAGE k-1 1% MILK MILK,Skim	Jan - 18 WAFFLE, AUNT JEMI CEREAL VARIETY ORANGES JUICE VARIETY HMK SAUSAGE k-1 SYRUP 1% MILK MILK,Skim
Jan - 21 HOLIDAY	Jan - 22 FRENCH TOAST STK CEREAL VARIETY APPLES SLICES SAUSAGE k-1 JUICE VARIETY HMK SYRUP 1% MILK MILK,Skim	Jan - 23 MUFFIN CEREAL VARIETY YOGURT, TRIX JUICE VARIETY HMK ORANGE 1% MILK CHOCOLATE MILK	Jan - 24 PANCAKE W.G. CEREAL VARIETY APPLESAUCE CUPS, JUICE VARIETY HMK SAUSAGE k-1 SYRUP 1% MILK MILK,Skim	Jan - 25 NO SCHOOL TODAY
Jan - 28 FRENCH TOAST STK CEREAL VARIETY APPLES SLICES SAUSAGE k-1 JUICE VARIETY HMK SYRUP 1% MILK MILK,Skim	Jan - 29 BREAKFAST BAKE CEREAL VARIETY MANDARIN ORANGE YOGURT, TRIX JUICE VARIETY HMK 1% MILK CHOCOLATE MILK	Jan - 30 BISCUITS & GRAVY CEREAL VARIETY STRAWBERRY CUPS JUICE VARIETY HMK HASH BROWNS KETCHUP 1% MILK CHOCOLATE MILK	Jan - 31 BREAKFAST CAKE CEREAL VARIETY GRAPES,Fresh JUICE VARIETY HMK SAUSAGE k-1 1% MILK MILK,Skim	Feb - 1 DONUT CEREAL VARIETY APPLESAUCE CUPS, SAUSAGE k-1 JUICE VARIETY HMK 1% MILK MILK,Skim

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.