Page 1		HMK BREAKFAST		Jan 29, 2019	
Monday	Tuesday	Wednesday	Thursday	Friday	
				Feb - 1 DONUT CEREAL VARIETY APPLESAUCE CUPS, SAUSAGE k-1 JUICE VARIETY HMK 1% MILK MILK,Skim	
Feb - 4	Feb - 5	Feb - 6	Feb - 7	Feb - 8	
FRENCH TOAST STK CEREAL VARIETY APPLES SLICES SAUSAGE k-1 JUICE VARIETY HMK SYRUP PEANUT BUTTER 1% MILK MILK,Skim	CINNAMON BREAD CEREAL VARIETY BLUEBERRIES JUICE VARIETY HMK 1% MILK MILK,Skim	EGG, HAM & CHEESE CEREAL VARIETY MANDARIN ORANGE JUICE VARIETY HMK HASH BROWNS KETCHUP 1% MILK CHOCOLATE MILK	BREAKFAST CAKE CEREAL VARIETY ORANGE JUICE VARIETY HMK 1% MILK MILK,Skim SAUSAGE k-1	PANCAKE W.G. CEREAL VARIETY APPLESAUCE CUPS, JUICE VARIETY HMK SAUSAGE k-1 SYRUP 1% MILK MILK,Skim	
Feb - 11	Feb - 12	Feb - 13	Feb - 14	Feb - 15	
FRENCH TOAST STK CEREAL VARIETY APPLES SLICES SAUSAGE k-1 JUICE VARIETY HMK SYRUP PEANUT BUTTER 1% MILK MILK,Skim	MUFFIN CEREAL VARIETY YOGURT, TRIX JUICE VARIETY HMK BLUEBERRIES 1% MILK CHOCOLATE MILK	BISCUITS & GRAVY CEREAL VARIETY STRAWBERRIES JUICE VARIETY HMK HASH BROWNS KETCHUP 1% MILK CHOCOLATE MILK	WAFFLE, AUNT JEMI CEREAL VARIETY ORANGES JUICE VARIETY HMK SAUSAGE k-1 SYRUP 1% MILK MILK,Skim	BREAKFAST BURRIT CEREAL VARIETY BANANA JUICE VARIETY HMK 1% MILK CHOCOLATE MILK	
Feb - 18	Feb - 19	Feb - 20	Feb - 21	Feb - 22	
HOLIDAY	FRENCH TOAST STK CEREAL VARIETY APPLES SLICES SAUSAGE k-1 JUICE VARIETY HMK SYRUP PEANUT BUTTER 1% MILK MILK,Skim	BISCUITS & GRAVY CEREAL VARIETY STRAWBERRIES JUICE VARIETY HMK HASH BROWNS KETCHUP 1% MILK CHOCOLATE MILK	BREAKFAST CAKE CEREAL VARIETY ORANGE JUICE VARIETY HMK 1% MILK MILK,Skim SAUSAGE k-1	PANCAKE W.G. CEREAL VARIETY APPLESAUCE CUPS, JUICE VARIETY HMK SAUSAGE k-1 SYRUP 1% MILK MILK,Skim	
Feb - 25	Feb - 26	Feb - 27	Feb - 28	Mar - 1	
FRENCH TOAST STK CEREAL VARIETY APPLES SLICES SAUSAGE k-1 JUICE VARIETY HMK SYRUP PEANUT BUTTER 1% MILK MILK,Skim	BREAKFAST BURRIT CEREAL VARIETY BANANA HASH BROWNS JUICE VARIETY HMK 1% MILK CHOCOLATE MILK	MUFFIN CEREAL VARIETY YOGURT, TRIX JUICE VARIETY HMK ORANGE 1% MILK CHOCOLATE MILK	DONUT CEREAL VARIETY APPLESAUCE CUPS, SAUSAGE k-1 JUICE VARIETY HMK 1% MILK MILK,Skim	NO SCHOOL TODAY	

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data.