

# Grand School District

## 7-8 GRADE LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 1  HOLIDAY	Jan - 2  BEAN & CHEESE BU CHEESE AND GREE CHILE QUESADILLA REFRIED BEANS CELERY TORTILLA CHIPS* QUESO GRAPES,Fresh PUDDING MILK,Skim MILK SALSA	Jan - 3  MARINARA W MEAT SPAGHETTI NOODLE GREEN BEANS SALAD,TOSSED APPLESAUCE CUPS, BANANA PARMESAN PC RANCH DRESSING GARLIC BREAD MILK MILK,Skim	Jan - 4  TACOS BEEF * SPANISH RICE REFRIED BEANS STRAWBERRY CUPS SALSA MILK MILK,Skim	Jan - 5  CORN DOG TATOR TOTS PINEAPPLE, FRESH MUSTARD+ KETCHUP PUMPKIN CAKE HMK MILK MILK,Skim
Jan - 8  ALFREDO CHICKEN BROCCOLI PEAS PARMESAN PC MANDARIN ORANGE W.G. ROLLS CHERRY OAT BAR MILK MILK	Jan - 9  CHILI CORN CHIPS FRITO LETTUCE/TOMATO* <sup>^</sup> CHEESE GRAPES,Fresh CINNAMON ROLLS MILK MILK,Skim	Jan - 10  PIZZA CHEESE PIZZA PEPPERONI PIZZA, HAWAIIAN PIZZA SUPREME MS CUCUMBER,SLICES BROCCOLI CARROTS BABY RANCH DRESSING APPLESAUCE CUPS, BANANA MILK MILK MILK,Skim	Jan - 11  CHICKEN N NOODLE CUCUMBER,SLICES CARROTS BABY PEACH CUP* RANCH DRESSING WHEAT ROLLS STRING CHEESE V MILK MILK,Skim	Jan - 12  CHICKEN SANDWICH TATOR TOTS LETTUCE TOMATOES MAYONNAISE KETCHUP PINEAPPLE, FRESH MILK MILK,Skim
Jan - 15  HOLIDAY	Jan - 16  ASIAN CHK BOWL EGG ROLL MANDARIN ORANGE SWEET N SOUR SAU FORTUNE COOKIE MILK MILK,Skim	Jan - 17  ITALIAN DUNKERS GREEN BEANS SALAD,TOSSED RANCH DRESSING FRUIT COCKTAIL BANANA MILK MILK	Jan - 18  TOMATO SOUP TSTD CHEESE SAND CUCUMBER,SLICES CARROTS BABY STRAWBERRY CUPS CORNBREAD HS RANCH DRESSING MARGARINE <sup>^</sup> MILK MILK	Jan - 19  SLOPPY JOES SUN CHIPS VARIETY TATOR TOTS APPLES SLICES PUDDING MILK MILK,Skim
Jan - 22  HOT DOG CHILI FRENCH FRIES CHEESE CARROTS BABY PEAR SLICES KETCHUP MUSTARD MILK MILK,Skim	Jan - 23  BAKED POTATO SOU SALAD GREENS CUCUMBER,SLICES RED PEPPERS MIXED FRUIT WHEAT ROLLS STRING CHEESE V RANCH DRESSING MARGARINE <sup>^</sup> MILK MILK	Jan - 24  PIZZA CHEESE PIZZA PEPPERONI PIZZA, HAWAIIAN PIZZA SUPREME MS SALAD GREENS CUCUMBER,SLICES TOMATOES GRAPE CARROTS BABY RED PEPPERS RANCH DRESSING BANANA PEACH CUP* MILK MILK MILK,Skim	Jan - 25  TURKEY & GRAVY MASH POTATOES* CORN* APPLE SLICES W.G. ROLLS MILK MILK,Skim	Jan - 26  NO SCHOOL TODAY

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Jan - 29  CHEESEBURGER HAMBURGER FRENCH FRIES APPLES SLICES LETTUCE TOMATOES KETCHUP MUSTARD PICKLES,DILL GRAHAM CRACKER MILK MILK,Skim	Jan - 30  CHICKEN TENDERS MAC & CHEESE V BROCCOLI CARROTS BABY PEAR SLICES CHERRY OAT BAR MILK MILK	Jan - 31  CTRY FRIED STEAK GRILLED CHICKEN MASH POTATOES* GRAVY, COUNTRY CARROTS* APPLE SLICES W.G. ROLLS MILK MILK,Skim		

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