

Grand School District

7-8 GRADES BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 1 HOLIDAY	Jan - 2 PANCAKE W.G. CEREAL/TOAST JUICE VARIETY HS STRAWBERRY CUPS MILK MILK,Skim SYRUP SAUSAGE	Jan - 3 BREAKFST ROUND CEREAL/TOAST JUICE VARIETY HS PEAR SLICES MILK MILK,Skim YOGURT FRUIT CUP	Jan - 4 FRENCH TOAST STK CEREAL/TOAST APPLE SLICES JUICE VARIETY HS MILK MILK,Skim SYRUP PEANUT BUTTER SAUSAGE	Jan - 5 BISCUIT N GRAVY CEREAL/TOAST JUICE VARIETY HS BANANA JELLY MILK MILK MILK,Skim
Jan - 8 WAFFLE, AUNT JEMI CEREAL/TOAST JUICE VARIETY HS APPLESAUCE CUPS, MILK MILK,Skim SYRUP SAUSAGE	Jan - 9 PIZZA STICK WG BO PEANUT BTR BANAN CEREAL/TOAST JUICE VARIETY HS APPLES SLICES MILK MILK,Skim YOGURT FRUIT CUP	Jan - 10 EGG, HAM & CHEESE CEREAL/TOAST JUICE VARIETY HS MANDARIN ORANGE HASHBROWNS MILK MILK,Skim JELLY SALSA KETCHUP	Jan - 11 FRENCH TOAST STK CEREAL/TOAST APPLE SLICES JUICE VARIETY HS MILK MILK,Skim JELLY PEANUT BUTTER SYRUP SAUSAGE	Jan - 12 BRKFST SANDWICH CEREAL HS PUMPKIN MUFFINS BANANA JUICE VARIETY HS MILK MILK,Skim
Jan - 15 HOLIDAY	Jan - 16 BREAKFAST CAKE CEREAL/TOAST YOGURT FRUIT CUP ORANGE JUICE VARIETY HS MILK MILK,Skim	Jan - 17 BREAKFST ROUND CEREAL/TOAST JUICE VARIETY HS PEAR SLICES MILK MILK,Skim YOGURT FRUIT CUP	Jan - 18 FRENCH TOAST STK CEREAL/TOAST APPLE SLICES JUICE VARIETY HS MILK MILK,Skim SYRUP PEANUT BUTTER SAUSAGE	Jan - 19 PIZZA STICK WG BO PEANUT BTR BANAN CEREAL/TOAST JUICE VARIETY HS BANANA MILK MILK,Skim YOGURT FRUIT CUP
Jan - 22 PANCAKE W.G. CEREAL/TOAST JUICE VARIETY HS APPLESAUCE CUPS, MILK MILK,Skim SYRUP SAUSAGE	Jan - 23 BRKFST SANDWICH CEREAL/TOAST PUMPKIN MUFFINS APPLES SLICES JUICE VARIETY HS MILK MILK,Skim	Jan - 24 OMELET CHEESE, S CEREAL/TOAST JUICE VARIETY HS MANDARIN ORANGE HASHBROWNS MILK MILK,Skim JELLY SALSA KETCHUP	Jan - 25 FRENCH TOAST STK CEREAL/TOAST BANANA JUICE VARIETY HS MILK MILK,Skim SYRUP PEANUT BUTTER SAUSAGE	Jan - 26 NO SCHOOL TODAY
Jan - 29 BISCUIT N GRAVY CEREAL/TOAST JUICE VARIETY HS PEAR JELLY MILK MILK MILK,Skim	Jan - 30 WAFFLE, AUNT JEMI CEREAL/TOAST JUICE VARIETY HS STRAWBERRY CUPS MILK MILK,Skim SYRUP SAUSAGE	Jan - 31 BREAKFST ROUND PEANUT BTR BANAN CEREAL/TOAST JUICE VARIETY HS MANDARIN ORANGE MILK MILK,Skim YOGURT FRUIT CUP		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.