

# Grand School District

## H.S. LUNCH

Dec 14, 2017

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| Monday   | Tuesday   | Wednesday   | Thursday   | Friday  |
|--|---|---|--|---|
| Jan - 1<br><br>HOLIDAY   | Jan - 2<br><br>BEAN & CHEESE BU<br>CHEESE AND GREE<br>CHILE QUESADILLA<br>REFRIED BEANS<br>TORTILLA CHIPS*<br>QUESO<br>GRAPES,Fresh<br>PEAR SLICES<br>PUDDING<br>MILK,Skim<br>MILK<br>SALSA<br>CELERY | Jan - 3<br><br>MARINARA W MEAT<br>SPAGHETTI NOODLE<br>RAVIOLI<br>SALAD BAR<br>STRING CHEESE V<br>BANANA<br>APPLESAUCE CUPS,<br>PARMESEAN CHEES<br>GARLIC BREAD<br>MILK,Skim<br>MILK | Jan - 4<br><br>TACO NACHO BAR<br>SPANISH RICE* W.G.<br>STRAWBERRY CUPS<br>PEAR SLICES<br>BERRIES & YOGURT<br>SALSA<br>MILK,Skim<br>MILK<br>MILK    | Jan - 5<br><br>CORN DOG<br>TATOR TOTS<br>CARROTS/ CELERY<br>PINEAPPLE, FRESH<br>MIXED FRUIT<br>MUSTARD<br>KETCHUP<br>RANCH DRESSING<br>PUMPKIN CAKE HMK<br>MILK<br>MILK   |
| Jan - 8<br><br>ALFREDO CHICKEN<br>BROCCOLI<br>PEAS<br>PEAR SLICES<br>MANDARIN ORANGE<br>WHEAT ROLLS<br>PARMESAN PC<br>MARGARINE^<br>CHERRY OAT BAR<br>MILK<br>MILK           | Jan - 9<br><br>CHILI<br>CORN CHIPS FRITO<br>SALAD BAR<br>APPLES,Fresh<br>GRAPES,Fresh<br>CINNAMON ROLLS<br>MILK,Skim<br>MILK  | Jan - 10<br><br>PIZZA CHEESE V<br>PIZZA PEPPERONI<br>PIZZA,HAWAIIAN<br>PIZZA SUPREME HS<br>SALAD BAR<br>BANANA<br>PEACH CUP*<br>MILK<br>MILK,Skim                                   | Jan - 11<br><br>CHICKEN N NOODLE<br>SALAD BAR<br>STRING CHEESE V<br>APPLESAUCE CUPS,<br>PEARS, DICED*<br>WHEAT ROLLS<br>MARGARINE^<br>MILK<br>MILK | Jan - 12<br><br>CHICKEN SANDWICH<br>FISH SANDWICH<br>POTATO WEDGES S<br>LETTUCE<br>TOMATOES<br>CELERY<br>CARROTS<br>MIXED FRUIT<br>PINEAPPLE, FRESH<br>RANCH DRESSING<br>KETCHUP<br>MAYONNAISE<br>MILK,Skim<br>MILK |
| Jan - 15<br><br>HOLIDAY  | Jan - 16<br><br>ASIAN CHK BOWL<br>EGG ROLLS 2<br>SWEET N SOUR SAU<br>MANDARIN ORANGE<br>GRAPES,Fresh<br>FORTUNE COOKIE<br>MILK<br>MILK,Skim   | Jan - 17<br><br>ITALIAN DUNKERS<br>GREEN BEANS<br>SALAD BAR<br>MIXED FRUIT<br>BANANA<br>MILK<br>MILK  | Jan - 18<br><br>TOMATO SOUP<br>TSTD CHEESE SAND<br>SALAD BAR<br>MIXED FRUIT<br>STRAWBERRY CUPS<br>CORNBREAD HS<br>MILK<br>MILK<br>MARGARINE^       | Jan - 19<br><br>SLOPPY JOES<br>SUN CHIPS VARIETY<br>TATOR TOTS<br>BAKED BEANS*+^<br>APPLES SLICES<br>MANDARIN ORANGE<br>PUDDING<br>MILK<br>MILK,Skim  |
| Jan - 22<br><br>HOT DOG<br>CHILI<br>CHEESE, CHEDDAR<br>FRENCH FRIES*+<br>CARROTS BABY<br>STRAWBERRY CUPS<br>PEAR SLICES<br>KETCHUP<br>COOKIE<br>PUDDING<br>MILK,Skim<br>MILK | Jan - 23<br><br>BAKED POTATO SOU<br>CARROTS<br>SALAD BAR<br>STRING CHEESE V<br>MIXED FRUIT<br>PEACHES<br>WHEAT ROLLS<br>MARGARINE^<br>MILK<br>MILK  | Jan - 24<br><br>PIZZA CHEESE V<br>PIZZA PEPPERONI<br>PIZZA,HAWAIIAN<br>PIZZA SUPREME HS<br>SALAD BAR<br>BANANA<br>PEACH CUP*<br>MILK<br>MILK,Skim                                   | Jan - 25<br><br>TURKEY & GRAVY<br>MASH POTATOES*<br>SALAD BAR<br>APPLE SLICES<br>WHEAT ROLLS<br>MILK<br>MILK,Skim                                  | Jan - 26<br><br>NO SCHOOL TODAY   |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

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| Monday   | Tuesday  | Wednesday  | Thursday | Friday |
|--|--|--|----------|--------|
| Jan - 29<br><br>HAMBURGER<br>CHEESEBURGER<br>FRENCH FRIES*+<br>BAKED BEANS<br>APPLE SLICES<br>LETTUCE<br>TOMATOES<br>KETCHUP<br>MUSTARD<br>PICKLES,DILL<br>CAKE<br>MILK<br>MILK,Skim | Jan - 30<br><br>CHICKEN TENDERS<br>MAC & CHEESE V<br>BROCCOLI<br>SALAD BAR<br>PEAR SLICES<br>CHERRY OAT BAR<br>MILK<br>MILK,Skim | Jan - 31<br><br>CTRY FRIED STEAK<br>GRILLED CHICKEN<br>MASH POTATOES*<br>GRAVY, COUNTRY<br>SALAD BAR<br>APPLE SLICES<br>WHEAT ROLLS<br>MILK<br>MILK,Skim |          |        |

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