

# Grand School District

## H.S. LUNCH

Sep 26, 2017

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 2  CHICKEN SANDWICH FISH SANDWICH POTATO WEDGES S LETTUCE TOMATOES CELERY CARROTS KIWI PINEAPPLE, FRESH RANCH DRESSING KETCHUP MAYONNAISE MILK,Skim MILK	Oct - 3  ASIAN CHK BOWL EGG ROLLS 2 SWEET N SOUR SAU MANDARIN ORANGE KIWI FORTUNE COOKIE MILK MILK,Skim	Oct - 4  PIZZA CHEESE V PIZZA PEPPERONI PIZZA,HAWAIIAN PIZZA SUPREME HS SALAD BAR BANANA STRAWBERRIES YOGURT MILK MILK,Skim	Oct - 5  TACO NACHO BAR SPANISH RICE* W.G. STRAWBERRIES ORANGE BERRIES & YOGURT SALSA MILK,Skim MILK MILK	Oct - 6  CORN DOG TATOR TOTS PEAR SLICES MUSTARD+ KETCHUP GRAHAM CRACKER MILK MILK,Skim
Oct - 9  MARINARA W MEAT SPAGHETTI NOODLE RAVIOLI GREEN BEANS PINEAPPLE, FRESH KIWI PARMESEAN CHEES GARLIC BREAD COOKIE MILK MILK	Oct - 10  CTRY FRIED STEAK GRILLED CHICKEN MASH POTATOES* GRAVY, COUNTRY SALAD BAR APPLE SLICES WHEAT ROLLS MILK MILK,Skim	Oct - 11  HOT POCKET SALAD BAR SUN CHIPS VARIETY BANANA GRAPES,Fresh MILK MILK	Oct - 12  CHICKEN N NOODLE SALAD BAR STRING CHEESE V PEACH CUP* PEARS, DICED* WHEAT ROLLS MARGARINE^ MILK MILK	Oct - 13  HOT DOG CHILI TATOR TOTS CHEESE CARROTS BABY ORANGE APPLES SLICES GRAHAM CRACKER KETCHUP MUSTARD MILK MILK,Skim
Oct - 16  ALFREDO CHICKEN BROCCOLI PEAS PEAR SLICES ORANGE WHEAT ROLLS MARGARINE^ MILK MILK	Oct - 17  CHILI CORN CHIPS FRITO SALAD BAR APPLE SLICES GRAPES,Fresh CINNAMON ROLLS MILK,Skim MILK	Oct - 18  PIZZA CHEESE V PIZZA PEPPERONI PIZZA,HAWAIIAN PIZZA SUPREME HS SALAD BAR BANANA PEACHES YOGURT MILK MILK,Skim	Oct - 19  NO SCHOOL TODAY	Oct - 20  NO SCHOOL TODAY
Oct - 23  HAMBURGER CHEESEBURGER FRENCH FRIES*+ BAKED BEANS APPLE SLICES LETTUCE TOMATOES KETCHUP MUSTARD PICKLES,DILL CAKE MILK MILK,Skim	Oct - 24  CHICKEN TENDERS MAC & CHEESE V BROCCOLI SALAD BAR PEAR SLICES CHERRY OAT BAR MILK MILK,Skim	Oct - 25  ITALIAN DUNKERS ITALIAN DUNKERS V GREEN BEANS SALAD BAR PEACH CUP* BANANA MILK MILK	Oct - 26  BROCCOLI CHEESE TUSCAN TURKEY SO SALAD BAR APPLE SLICES WHEAT ROLLS MARGARINE^ PUDDING MILK MILK	Oct - 27  BISCUIT N GRAVY TATOR TOTS CELERY EGGS & CHEESE CANTALOUPE JUICE VARIETY HS KETCHUP MILK MILK

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Oct - 30  TUNA SANDWICH TSTD CHEESE SAND TOMATO SOUP POTATO CHIP G.F. CRACKERS CUCUMBER, CARRO APPLE SLICES ORANGE RANCH DRESSING CHERRY OAT BAR MILK MILK	Oct - 31  MARINARA W MEAT SPAGHETTI NOODLE RAVIOLI GREEN BEANS PINEAPPLE, FRESH KIWI PARMESEAN CHEES GARLIC BREAD COOKIE MILK MILK			

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