

Grand School District

H.S BREAKFAST

Sep 26, 2017

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 2 PANCAKE W.G. CEREAL/TOAST JUICE VARIETY HS APPLESAUCE CUPS, MILK MILK,Skim SYRUP SAUSAGE	Oct - 3 PIZZA STICK PEANUT BTR BANAN CEREAL HS JUICE VARIETY HS CANTALOUPE YOGURT FRUIT CUP MILK MILK,Skim	Oct - 4 FRENCH TOAST STK CEREAL/TOAST APPLE SLICES JUICE VARIETY HS MILK MILK,Skim PEANUT BUTTER JELLY SYRUP SAUSAGE	Oct - 5 BRKFST SANDWICH CEREAL HS PUMPKIN MUFFINS BANANA JUICE VARIETY HS MILK MILK,Skim	Oct - 6 BISCUIT N GRAVY BAGEL/CREAM CHEE CEREAL/TOAST JUICE VARIETY HS ORANGE JELLY MILK MILK MILK,Skim
Oct - 9 WAFFLE STICK CEREAL/TOAST BAGEL/CREAM CHEE JUICE VARIETY HS ORANGE MILK MILK,Skim SYRUP SAUSAGE	Oct - 10 EGG, HAM & CHEESE BAGEL/CREAM CHEE CEREAL HS TOAST JUICE VARIETY HS CANTALOUPE HASHBROWNS MILK MILK,Skim JELLY SALSA KETCHUP	Oct - 11 FRENCH TOAST STK CEREAL/TOAST APPLE SLICES JUICE VARIETY HS MILK MILK,Skim JELLY PEANUT BUTTER SYRUP SAUSAGE	Oct - 12 BRKFST SANDWICH CEREAL HS PUMPKIN MUFFINS BANANA JUICE VARIETY HS MILK MILK,Skim	Oct - 13 BISCUIT N GRAVY BAGEL/CREAM CHEE CEREAL/TOAST JUICE VARIETY HS PEAR SLICES JELLY MILK MILK MILK,Skim
Oct - 16 PANCAKE W.G. CEREAL/TOAST JUICE VARIETY HS STRAWBERRY CUPS MILK MILK,Skim SYRUP SAUSAGE	Oct - 17 PEANUT BTR BANAN BREAKFST ROUND CEREAL/TOAST BAGEL/CREAM CHEE JUICE VARIETY HS CANTALOUPE MILK MILK,Skim YOGURT FRUIT CUP	Oct - 18 FRENCH TOAST STK CEREAL/TOAST APPLE SLICES JUICE VARIETY HS MILK MILK,Skim SYRUP PEANUT BUTTER SAUSAGE	Oct - 19 NO SCHOOL TODAY	Oct - 20 NO SCHOOL TODAY
Oct - 23 WAFFLE STICK CEREAL/TOAST BAGEL/CREAM CHEE JUICE VARIETY HS STRAWBERRY CUPS MILK MILK,Skim SYRUP SAUSAGE	Oct - 24 EGG, HAM & CHEESE BAGEL/CREAM CHEE CEREAL HS TOAST JUICE VARIETY HS CANTALOUPE HASHBROWNS MILK MILK,Skim JELLY SALSA KETCHUP	Oct - 25 FRENCH TOAST STK CEREAL/TOAST APPLE SLICES JUICE VARIETY HS MILK MILK,Skim SYRUP PEANUT BUTTER SAUSAGE	Oct - 26 BRKFST SANDWICH CEREAL HS MUFFIN W.G. BANANA JUICE VARIETY HS MILK MILK,Skim	Oct - 27 BLUEBERRY COFFE BAGEL/CREAM CHEE CEREAL HS YOGURT FRUIT CUP ORANGE JUICE VARIETY HS MILK MILK,Skim
Oct - 30 PANCAKE W.G. CEREAL/TOAST JUICE VARIETY HS STRAWBERRY CUPS MILK MILK,Skim SYRUP SAUSAGE	Oct - 31 PIZZA STICK PEANUT BTR BANAN CEREAL HS JUICE VARIETY HS CANTALOUPE YOGURT FRUIT CUP MILK MILK,Skim			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.